



# Ghusl and Kaffan Procedure

## Index Cards - Females

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## Female Index Cards

20 Jul 2019

45 flashcards made with the [Flashcard Hero](#) app  
(Mac/iPhone/iPad).

A: 2

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A: 1

## MY GHUSL (BATHING) & KAFFAN (SHROUDING)

My name:

I would like my Ghusl & Kaffan to be done by:

Other wishes:

Cut these cards to make an index card pack, to use in the correct order.

A: 4

## PERFORMING THE GHUSL - RULES

1. Closest family member perform Ghusl.
2. No Duas or anything else read during Ghusl.
3. Be respectful to deceased's modesty, as you would for someone living - keep covered with sheet at all times.
4. Do not discuss the deceased in any negative way.
5. Do not describe any of their features to anyone else.
6. Preferable for person performing the Ghusl to be in a state of purity.

A: 3

## SECTION 1: GHUSL TASK

1. **PERFORMING THE GHUSL - RULES**
2. **GHUSL TASK PREPARATION**
3. **POSITION OF DECEASED FOR GHUSL**
4. **PREPARING DECEASED FOR GHUSL**
5. **PERFORMING ISTINJA AND WUDU - RULES**
6. **ISTINJA AND WUDU**
7. **PERFORMING THE GHUSL**

A: 6

### GHUSL TASK PREPARATION - 2

1. Nominate one leader and assign roles before starting.
2. Two people for performing Ghusl and 2/3 assistants.
3. Identify potential people for transferring the deceased, who can be invited later - more women or the deceased's Mahrams (father, brother, son, nephew, uncle, etc).
4. Be in a state of Wudhu (ablution), but not obligatory.
5. Main washers wear gloves – not obligatory, but should if deceased had an infectious disease.

A: 5

### GHUSL TASK PREPARATION - 1

1. Check you have all the Ghusl items and Kaffan (see index card 37 to 42).
2. Have Ghusl and Kaffan Procedure index cards to hand.
3. Process takes 1.5 to 2 hours.
4. **IN ADVANCE**, check the Ghusl room is prepared - make sure it is clean, hot water is turned on, jug available for mixing camphor, etc.
5. You can pour water with a jug or use a shower head.

A: 8

### POSITION OF DECEASED FOR GHUSL - 1

Place deceased in one of the following positions:

- (a) Legs facing the Qiblah (South-East in the UK), or;
- (b) Face towards the Qiblah, with deceased on its right side (preferred method).
- (c) See diagram (see index card 9).

NOTE: The basin in a Ghusl venue will usually be in the right position. Please check with venue owners.

A: 7

### GHUSL TASK PREPARATION - 3

1. Wear aprons, optional.
2. Temperature of water must be of that normally used when bathing. Test by pouring water on your forearm.
3. Mix the camphor into a bucket of water to make a thin liquid solution for pouring over the deceased.
4. Wash and fumigate basin with lobaan, or any other pure fragrance, three, five or seven times.
5. Additional women can lay out the Kaffan inside the coffin (see index cards 24 to 27).

A: 10

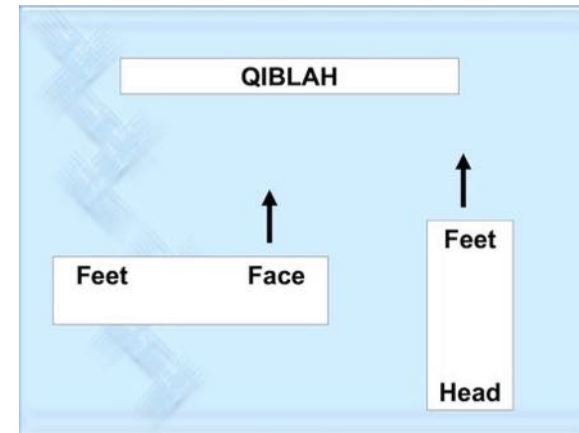
### POSITION OF DECEASED FOR GHUSL - 3

Snapshot of the 3 steps for performing the Ghusl:

1. Preparing the Deceased for the Ghusl - 4 tasks.
2. Istinja and Wudhu - 2 tasks.
3. Ghusl - 6 tasks.

A: 9

### POSITION OF DECEASED FOR GHUSL - 2



A: 12

### PREPARING DECEASED FOR GHUSL - 2

#### ITEMS TO REMOVE

1. Remove clothes, or cut them off if not easily removable, taking care not to press scissors against the deceased.
1. Rings and other jewellery.
2. Wigs.

A: 11

### PREPARING DECEASED FOR GHUSL - 1

#### 4 STEPS:

- (1) Put the deceased on the basin.
- (2) Cover from above the breasts to the ankles with covering sheet - **maintain dignity AT ALL TIMES.**
- (3) Remove clothes, or cut them off - Do not press the scissors against the body. Remove external items (see index card 12 to 14).
- (4) Nostrils, ears and mouth closed with cotton wool (if open so water does not enter body).

A: 14

### PREPARING DECEASED FOR GHUSL - 3

#### ITEMS NOT TO REMOVE

1. Hair on head or other part of body, do not: cut, shave, trim, comb.
2. Nails, do not: cut, file.

A: 13

### PREPARING DECEASED FOR GHUSL - 3

#### ITEMS TO REMOVE

1. False teeth and contact lenses (if easily removable).
2. Nail varnish, if possible.
3. Hospital tubes - if easily removable (if removing a tube, causes bleeding, apply pressure to stop the bleed. Pad area with cotton wool if bleeding does not stop).

A: 16

### ISTINJA AND WUDHU - 2

#### (1) Istinja:

1. Wear gloves. Gently massage the stomach in downward movements to remove/wash out impurities.
2. Using a large piece of pleated cotton wool and water, wash both of the private parts without looking.
3. Use an odd number of pieces of cotton wool - but do not use an excessive amount that is wasteful.
4. Wear fresh pair of gloves to wash the rest of the body.

A: 15

### ISTINJA AND WUDHU - RULES

1. If the deceased had reached the age of puberty, and was one on whom Prayer was obligatory, she must first be given Wudhu.
2. This Wudhu is similar to that of Salaah, with the exception of gargling and putting water into the nostrils.
3. If in a state of major impurity (for which full Ghusl/bathing is obligatory to become pure), moisten the mouth and nostrils with a wet piece of cotton wool.
4. It is Fardh to wash the areas once and Sunnah to wash them thrice.

A: 18

#### ISTINJA AND WUDHU - 4

1. Masah of the head (wiping with wet hands, the head, inside and outside of the ears and back of the neck).
2. Clean the outer area of the ears with ear buds at this point.
3. Feet up to ankles, right foot then left - run finger between each toe.

A: 17

#### ISTINJA AND WUDHU - 3

(2) Wudhu:

1. The hands – right then left.
2. If in a state of major impurity, moisten the mouth and nostrils with a wet piece of cotton wool at this stage.
3. The Face – dampen your hands and wipe over her face Arms to the elbows – right then left.

A: 20

#### PERFORMING THE GHUSL - 2

1. Tilt deceased onto right side, to wash left side.
2. Pour water from head to toe once.
3. Lather body with soap.
4. Pour water from head to toe twice to rinse the body.
5. Lift deceased slightly to sitting position, approx. 5 to 10 inches off basin.
6. (3) Gently massage stomach, single downward stroke. If there is further bowel movement, wash away
7. Do not repeat the Wudhu or Ghusl.

A: 19

#### PERFORMING THE GHUSL - 1

1. (1) First wash hair with soap or any other cleansing agent. Pure clean water is also fine.
2. To wash hair, gather it to the top of the head and allow it fall from the basin.
3. (2) Tilt deceased onto left side, to wash right side Pour water from head to toe once.
4. Lather body with soap.
5. Pour water from head to toe twice to rinse the body.

A: 22

### PERFORMING THE GHUSL - 4

1. (5) Remove cotton from the mouth, ears and nostrils.
2. (6) Dry body and hair with a towel (maintaining deceased's modesty).
3. Change wet covering sheet for a dry one (maintain modesty of deceased).

**GHUSL IS NOW COMPLETE**

A: 21

### PERFORMING THE GHUSL - 3

1. (4) Mix the camphor into a bucket of water to make a thin liquid solution for pouring over the deceased.
2. Turn deceased onto their left side and pour camphor solution over the right side from head to toe three times.
3. Repeat on the right side.

A: 24

### PUTTING ON THE KAFFAN - RULES

1. Do not use Itr (perfume), Surmah (kohl) or make-up for women.
2. The Kaffan must be laid in the reverse order of wearing it (see index card 25 for diagram).
3. The Kaffan should be laid into the coffin before placing the deceased inside.
4. The head scarf should be put to one side, as it is worn separately.

A: 23

### SECTION 2:

1. **PUTTING ON THE KAFFAN - RULES**
2. **PREPARATION: LAYING THE KAFFAN**
3. **CARRYING THE DECEASED INTO THE COFFIN**
4. **PUTTING ON AND WRAPPING THE KAFFAN**

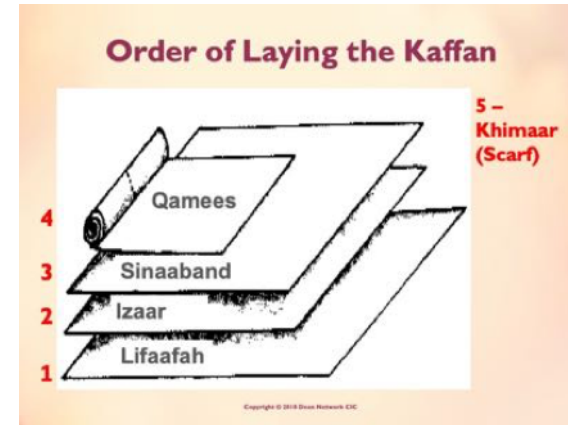
A: 26

### PREPARATION: LAYING THE KAFFAN - 2

1. Lay the 3 Lifaafah ties inside the coffin: above the head area, at the waist area and below the feet area.
2. Spread the Lifaafah inside the coffin on top of the Lifaafah ties.
3. Place the Izaar on top, more towards bottom part of the coffin.
4. Next place the Sinaaband, more towards the top part of the coffin.

A: 25

### PREPARATION: LAYING THE KAFFAN - 1



A: 28

### CARRYING THE DECEASED INTO THE COFFIN - 1

1. The coffin where the Kaffan is pre-laid should be positioned in a straight line with the basin.
2. Bottom of basin in line with top of coffin.
3. The deceased should be carried over and placed straight onto the Kaffan, as this is the easiest method for wrapping it.
4. Use best judgment according to available space (see index card 29 for diagram).

A: 27

### PREPARATION: LAYING THE KAFFAN - 3

1. Lastly, place the portion of the Qamees that will be under the body towards the top side of the coffin. The portion that will cover the top of the body should be folded/rolled and put at the head side.
2. Keep the scarf to one side.
3. Light incense sticks and wave around the Kaffan to fumigate it.



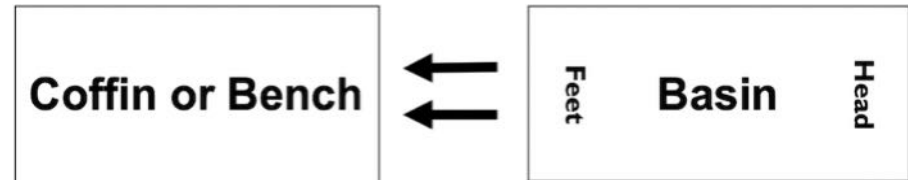
A: 30

### CARRYING THE DECEASED INTO THE COFFIN - 3

1. Secure dry carrying sheet by tucking it around the body.
2. Place the 3 carrying straps into position under the body – upper back area, lower back area and above the knee area.
3. Extra women or the deceased's Mahram family members (father, brother, son, nephew, uncle, etc) can be invited to help at this point to help with the transfer of the deceased.

A: 29

### CARRYING THE DECEASED INTO THE COFFIN - 2



A: 32

### PUTTING ON AND WRAPPING THE KAFFAN - 1

1. Cover top of body with folded/rolled Qamees portion.
2. Remove dry cover sheet, by pulling away from under the Qamees.
3. You may trace the Kalimah onto the Qamees by gesturing the action of writing with your finger at this point - optional.

A: 31

### CARRYING THE DECEASED INTO THE COFFIN - 4

1. Whilst transferring the deceased onto the pre-laid Kaffan, try to avoid touching the deceased's body directly.
2. Using the carrying straps and your hands for support, transfer deceased carefully onto the pre-laid Kaffan and place in the correct position.

**PUTTING ON AND WRAPPING THE KAFFAN - 3**

1. Wrap Izaar around body, over arms, left flap, then right.
2. Wrap Lifaafah around the body, left flap, then right.
3. Fasten the Lifaafah, above head, at waist, below feet with the Lifaafah Ties.

**THE KAFFAN PROCEDURE IS COMPLETE, THE  
DECEASED IS NOW READY FOR BURIAL**

**PUTTING ON AND WRAPPING THE KAFFAN - 2**

1. Apply camphor paste on the places of Sajdah (forehead, nose, both palms, knees, forefoot area).
2. Divide hair into two, place onto right & left breast over Qamees.
3. Cover head with scarf, left flap then right flap, not tied.
4. Wrap Sinaaband, thread under armpits, left flap, then right.

**ITEMS NEEDED FOR GHUSL AND KAFFAN**

1. You can buy all the required Ghusl and Kaffan items yourself, which are listed on cards 37 to 42.
2. For information of how to cut the Kaffan please refer to the Ghusl and Kaffan Handbook (see index card 43 for link).
3. You can also purchase all the Ghusl items and pre-cut Kaffan from Bilquees Akbar (Nottingham) on: 07800 657135. Please send a text message if no one answers immediately.

**COMPLETING YOUR DUTIES**

1. Women performing the Ghusl should bathe/shower afterwards - Sunnah.
2. Bathing can be done after Janazah and Salah, if there is less time to bathe straight away and there is a risk you may miss the Janazah or your Salah.

A: 38

### ITEMS NEEDED TO PERFORM GHUSL - 2

1. 1 dry covering sheet.
2. Scissors to cut off clothes, if necessary.
3. Nail varnish remover, if necessary.
4. Pleated cotton wool:
  - to close nostrils, mouth and ears.
  - to use for doing Istinja.
5. Ear buds to clean the outer area of the ear.

A: 37

### ITEMS NEEDED TO PERFORM GHUSL - 1

1. Lobaan or other perfume to fumigate Ghush basin
2. Camphor:
  - mix into a solution in a bucket of water for pouring over body.
  - mix into a paste, apply to areas of Sajdah/Prostration.
3. Incense sticks, light and wave around the Kaffan to fumigate it, an odd number of times.
4. 1 dark coloured thick covering sheet/towel for Ghush.

A: 40

### ITEMS NEEDED FOR KAFFAN AND SIZE - 1

1. White fabric, but can be any colour.
2. If fabric has a 1 metre drop, approximately 18 to 20 metres of fabric is needed.
3. Tape measure to measure each piece.
4. Pair of scissors for cutting the fabric.
5. The Kaffan for a female consists of five pieces.

A: 39

### ITEMS NEEDED TO PERFORM GHUSL - 3

1. Warm water - same temperature as when you bathe Shampoo/soap - does not have to be unperfumed.
2. 4 pairs of gloves (preferable to be made of fabric) to wear whilst performing Ghush (for two people, not obligatory, but should if deceased had an infectious disease).
3. Aprons - optional.
4. 3 carrying straps - (made of approx 1.5 x 1m fabric).
5. Towel for drying hair and body.

A: 42

### ITEMS NEEDED FOR KAFFAN AND SIZE - 3

1. Izaar - sheet tied over lower part of body - (2m x 1.8m)
2. Lifaafah - final sheet to wrap and tie over deceased - (2.5 to 3m x 2m)
3. Lifaafah ties - (1.5m x 1m) (not classed as part of the 5 pieces of the Kaffan).

A few inches shorter or longer does not matter, as long as the deceased is not exposed.

A: 41

### ITEMS NEEDED FOR KAFFAN AND SIZE - 2

1. Qamees - a piece that's twice as long as the body, to the feet, with a T shape cut shape in the middle - (2.5 to 3 m x 1 m).
2. Khimaar- a scarf to cover chest area or to navel - (1.5m x 1.5m).
3. Sinaaband - sheet wrapped over chest area - (2.5m x 1m).

A: 44

### ONLINE RESOURCES

- **Ghusl and Kaffan Index cards - Females:** [https://docs.wixstatic.com/ugd/dd9165\\_cf97335c21954730b](https://docs.wixstatic.com/ugd/dd9165_cf97335c21954730b)
- **Ghusl and Kaffan Handbook - Females:** COMING SOON - Please print for full details of: Events preceding death (what to do when person is dying), Ghusl, Kaffan, Burial (Janaazah) & tasks after Burial
- **Nottingham Muslim Burial Directory:** [https://docs.wixstatic.com/ugd/bf74a1\\_cbd171439a6b49d9](https://docs.wixstatic.com/ugd/bf74a1_cbd171439a6b49d9)
- **Arranging a Ghusl and Kaffan Workshop:** <https://www.deennetwork.org.uk/ghusl-kaffan-workshop>

A: 43

### ITEMS NEEDED FOR KAFFAN AND SIZE - 4

1. Ghusl covering sheet - (1.5 x 1m).
2. Dry covering sheet - (1.5 x 1.5m).
3. Carry Straps - (1.5 x 1m).
4. Homemade Fabric Gloves - (1m).

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**Please give us feedback, of any changes you feel should be made!**